Claremont Bank Surgery Newsletter June 2019

**EPS Prescriptions**

Prescriptions are now able to go electronically to your designated pharmacy. Instead of collecting your prescription from the surgery, you can save time by sending the prescription directly to the pharmacy. If you would like to select a pharmacy for your prescription to go to please contact the surgery on 01743248244.

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**Patients trust**

The surgery runs a charitable trust fund for any donations made by patients or their families. The fund is used to buy equipment or make improvements to the surgery, for the benefit of our patients. Any donations will be gratefully received.

In the past we have purchased water for the waiting room, a surgical couch, a pulse oximeter (measures oxygen levels in the blood), home blood pressure monitors and an image projector (for in house teaching purposes). Also we are currently funding magazines for the waiting room.

We would be grateful for any suggestions for future purchases.

**Travel Health**

We do ask that patients contact the surgery at least 6 - 10 weeks before the expected date of departure with the Practice Nurse. However, it is a good idea to make an appointment for travel advice / vaccinations, even if it is last minute. Please fill in a travel risk assessment form which can be found on our website or given to you at the surgery, this is to give the nurse an idea of which vaccinations you may need. Certain travel immunisations are not covered by the NHS and a charge may be levied. Alternatively you may wish to consider a private health clinic.

**Asthma Review**

An asthma review is a great opportunity to make sure you're getting the right treatment for your asthma. It could help you keep free of symptoms. This is your chance to ask questions about anything that's worrying you. Even if you're feeling well with your asthma go to your review. It's a chance to make sure your asthma stays well, so you can carry on doing the things you enjoy.

Patients are invited for their asthma review yearly but if you feel your asthma has got worse and you would like to see the asthma nurse sooner please don’t hesitate to contact us and we can book an appointment for the review.



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**NHS Walk-In Clinic**

NHS Walk-In Centres offer convenient access to a range of NHS services for patients based in England only. You can receive treatment for many ailments including:

* infection and rashes,
* fractures and lacerations,
* emergency contraception and advice,
* stomach upsets,
* cuts and bruises, or
* burns and sprains.

NHS Walk In Centres treat around 3million patients a year and have proved to be a successful complementary service to traditional GP and A&E services. Some centres offer access to doctors as well as nurses. However, they are not designed for treating long-term conditions or immediately life-threatening problems.

**Blood tests**

Blood tests are to be done at Elizabeth House which is located within the Royal Shrewsbury Hospital. For test results please call the surgery one week after the sample is taken. If the results are abnormal, the GP will be informed and may contact you if they have urgent concerns.



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**Accident & Emergency**

Major A&E departments assess and treat patients who have serious injuries or illnesses. Generally, you should visit A&E or call 999 for emergencies, such as:

* loss of consciousness,
* pain that is not relieved by simple analgesia,
* acute confused state,
* persistent, severe chest pain, or
* breathing difficulties.

If you're injured or seriously ill, you should go, or be taken, to A&E. If an ambulance is needed you can call 999, the emergency phone number in the UK. You can also dial 112, which is the equivalent for the European Union.

Major A&E departments offer access 365 days a year and usually open 24 hours a day. Be aware that not all hospitals have an A&E department.